

Your Name _____

Your Date of Birth _____

Medical Information Questionnaire

Your height (inches) _____

Your weight (pounds) _____

What problems is obesity causing for you? _____

What makes you think seriously about bariatric surgery now (at this stage of your life)?

What was your weight at the following times in your life?

6th grade

HS graduation

At your wedding

Birth of 1st child

Age 21

Age 30

Age 40

Age 50

What has been your maximum weight? _____

What has been your lowest weight (not due to illness) after age 21, which you maintained for at least 1 year?

_____ lbs at _____ yrs old, maintained for _____ yrs.

Was this weight reached after a weight loss effort? (circle one) Yes No

Check the statement that best describes you: "During the past 6 months my weight has ..."

- decreased more than 10 lbs
- decreased 5-10 lbs
- stayed about the same
- increased 5-10 lbs
- increased more than 10 lbs

What diet was most successful for you: _____

Weight loss during above diet: _____

Please list your medical problems and year diagnosed. If you need more space, use the reverse side of this page.

1		8	
2		9	
3		10	
4		11	
5		12	
6		13	
7		14	

A list of common medical diagnoses is provided as a reminder for you>

- | | | |
|------------------------------------|--------------------------------------|-------------------------------------|
| Diabetes | GE Reflux disease ("GERD") | Menstrual irregularity, infertility |
| High Blood pressure (Hypertension) | Arthritis | Hirsutism |
| Sleep Apnea (do you use CPAP?) | Back pain | Depression |
| Asthma, Reactive Airway Disease | Cancer (type?) | High cholesterol, high lipids |
| Heart Failure | Venous thrombosis (DVT) or PE | Hypothyroidism |
| Angina, Coronary Artery Disease | <i>(Blood clot in legs or lungs)</i> | Other Endocrine/hormone problem |
| Gallstones | Urinary incontinence | Other?? |

Have you been treated at a hospital (inpatient or outpatient) within the last year? *(circle one)* **Yes** **No**

If yes, please provide further information: _____

Please list the physicians who participate in your care.

Primary MD (PCP) _____

Other physicians and their roles for you:

Name	Role
_____	_____
_____	_____
_____	_____

Have you ever undergone colonoscopy (lower scope?) *(circle one)* **Yes** **No**

If yes, when was it done, and who was the GI doctor? _____

Please list your past surgical history and year surgery performed. If you need more space, use the reverse side of this page.

1		8	
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6		13	
7		14	

Have you undergone any surgical procedure for obesity in the past*(circle one)* **Yes** **No**

If yes:

Name of Procedure: _____ When performed: _____

Name of Surgeon: _____ Office location: _____

Your weight prior to that procedure _____

Maximum weight lost, or lowest weight after surgery: _____

Have you undergone more than one prior surgical procedure for weight loss? *(circle one)* **Yes** **No**

Reason you are seeking another surgical evaluation: _____

Have any of your family members or close friends undergone weight loss surgery? *(circle one)* **Yes** **No**

If yes, please describe: _____

Do you take birth control pills, or any hormone related medications? *(circle one)* **Yes** **No**

Do you use any non-prescription (over-the-counter) drugs, vitamins, or herbal remedies? *(circle one)* **Yes** **No**

If yes, please describe: _____

Relevant Social History

Are you... *(circle one)* Married Single Divorced

If married, how long? _____

If you have children, please list their names and ages below.

Where do you work? What does your job involve? How long have you had this job?

Do you smoke now? *(circle one)* **Yes** **No** **If no, did you ever smoke?** *(circle one)* **Yes** **No**

If yes either above:

How many packs/day? _____ How many years? _____ When did you quit? _____

Do you drink alcohol? *(circle one)* **Yes** **No** **If so, how much?** _____

Do you use drugs like marijuana, cocaine, etc? *(circle one)* **Yes** **No**

What do you aim for your weight to be, five years from now? _____

Please use this space to provide any other information that you think is important to understanding your medical situation, or how we may help you be most successful with the program.

General Symptom Review

Circle a number that corresponds with your general energy level. (1 = lowest, 5 = highest)

1

2

3

4

5

Please answer each question by circling yes or no. Provide additional answers where indicated.

Have you experienced more than one week of fever in the last year?	Yes	No
Do you have severe headaches?	Yes	No
Have you experienced any visual changes in the last year?	Yes	No
Do you fall asleep unexpectedly?	Yes	No
Do you snore loudly?	Yes	No
Do you wake frequently at night? How many times? _____	Yes	No
Do you experience shortness of breath with exercise?	Yes	No
Do you experience chest pain with exercise? How many flights of stairs can you climb without stopping? _____ How many times per week do you have heartburn? _____	Yes	No
Do you experience abdominal pain or nausea after eating fatty foods?	Yes	No
Do you have difficulty swallowing, or feel a "catching" sensation when eating thick or bulky foods?	Yes	No
Do you have difficulty with leaking of urine when you cough or laugh?	Yes	No
Have you had more than one urinary infection in the last year?	Yes	No
Do you have persistent skin irritation, rash, ulcers? Where? _____	Yes	No
Do you have severe joint pain? What joints are worst? _____	Yes	No
Do you have persistent ankle or foot pain?	Yes	No
Have you noticed any changes in your hair in the last year?	Yes	No
Have you noticed any changes in your energy level in the past year?	Yes	No
Has your thyroid function been checked by your physician in the past?	Yes	No
Do you feel depressed or hopeless?	Yes	No
Have you ever had a blood clot in your legs or lungs?	Yes	No